

## HAMMOCK INSTRUCTION GUIDE AND SAFETY ADVISES

You may use the following examples to hang your hammocks:

Tree to tree

Post to post

Hammock stand

Deck post to deck post

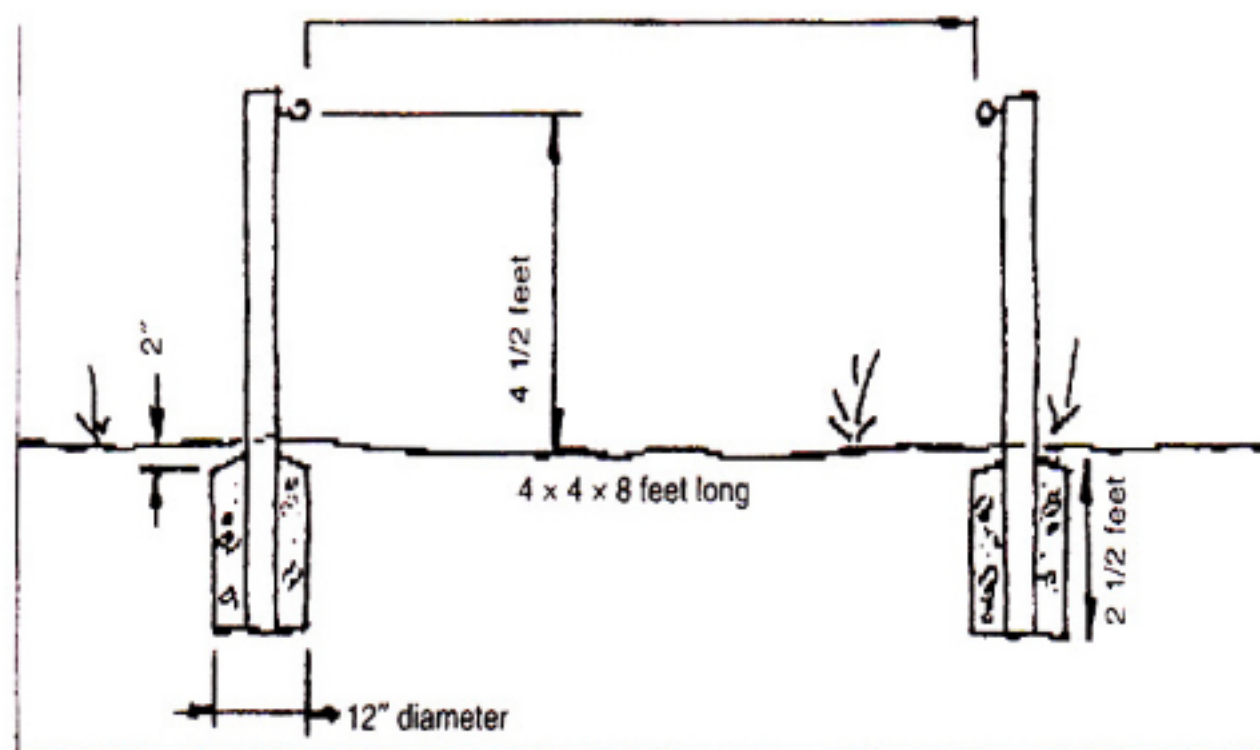
Wall to wall

Any combination of the above; for example: wall to post, tree to deck, etc.

### *Tree to tree:*

Screw in a screw eye deep enough so that the eye is against the wood. Do not over-tight it. Then use two S-hooks and one chain long enough to reach between the screw eye and the hammock. Another way is to tie a strong rope around the tree, make a knot, then reach the hammock's eye and make another knot.

### *Post to post*



First of all, you need to be sure that the posts are sturdy enough to support the weight of the person(s) that will use the hammock. Install the posts in concrete as shown on the sketch and follow these instructions:

- Place the posts to a proper distance.
- Dig a hole that is 60 cm (24 inch) deep and 30 cm (12 inch) in diameter at each post location.
- Place one post into each of the holes and fill these holes with concrete at 60 cm (24 inch) below ground level. Make sure the posts remain plumb and in the centre of the hole.
- When concrete has hardened, proceed with the hardware installation. Mound soil around each post to provide for water to drain away from the post.
- Important: do not use the hammock for 7 days to allow the concrete to dry properly.

### *Hammock stand:*

You can purchase a ready-made hammock stand. Please make sure that its components are strong enough to support the weight of the person and long enough to hang your hammock.

### **Safety tips**

- Prior to using your hammock, check the knots of the strings and hardware before each use to make sure they are tight and secure.
- Never leave your child unattended while in a hammock.
- Be careful when using your hammock for the first time. Stretch it as tight as possible between the hanging points. Carefully sit in to make sure it has been installed properly.
- Avoid prolonged exposure of the hammock to sunlight and rain, as it will weaken the fabric and strings. When not in use, we suggest you to bring your hammock indoors. Dry thoroughly before storage.
- Ideally, supports, posts and trees should be 25-30 cm (10-12 inch) further apart than the length of the hammock when it is stretched tightly. For example: if the hammock is 325 cm (130 inch) long, the attachment points should also be 100 to 125 cm (40 to 50 inch) above the ground.